



BSSCON[®]

2024

ANNUAL CONFERENCE OF BOMBAY SPINE SOCIETY

DATES: 21ST, 22ND, 23RD JUNE 2024

VENUE: OLEANDER FARMS, KARJAT

THEME: SAGITTAL ANOMALIES OF SPINE



www.bsscon2024.com

Welcome's MESSAGE



Dear Colleagues,

Although, a young conference, BSSCON has rapidly gained a reputation for fabulous scientific content and academic interaction with luminaries in the spine world.

The 5th Annual BSSCON promises all that and more. It is planned as a residential meeting at the lush Oleander Farms in Karjat, just 90 mins away from Mumbai. The theme of the conference is "Sagittal Anomalies of Spine"

The Bombay Spine Society looks forward to hosting you on June 21, 22 & 23.



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- Dr. Shailesh Hadgaonkar
- Dr. Sheetal Mohite
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- Dr. Srinivas Prabhu
- Dr. Sudhir Srivastava
- Dr. Sunil Bhosale
- Dr. Tushar Rathod
- Dr. V. T. Ingalhalikar
- Dr. Vikas Gupte
- Dr. Vishal Kundnani
- Dr. Vishal Peshattiwaar
- Dr. Zaheer Merchant

WORKSHOPS

Cadaver Workshop on Posterior Sub-axial Cervical Spine

Convenor: **Dr. Sanjay Dhar**

Co Convenors: **Dr. Agnivesh Tikoo, Dr. Rohan Gala**

Venue: **D. Y. Patil Medical College and Hospital, Navi Mumbai**

16TH JUNE, 2024 (ONLINE SESSION) INTRODUCTORY LECTURES

09:00 am - 09:05 am	Welcome address: Dr. Gautam Zaveri
09:05 am - 09:10 am	Introduction and Course Objectives: Dr. Sanjay Dhar
09:10 am - 09:20 am	Tips and Tricks of Prone Positioning: Dr. Kumar Shetty
09:20 am - 09:35 am	Posterior Surgery in Cervical Trauma: Dr. Sanjay Dhar
09:35 am - 09:45 am	Application of Cervical Traction including Mayfield: Dr. Amit Sharma
09:45 am - 10:00 am	Cervical laminectomy - Technique and Video: Dr. Priyank Patel
10:00 am - 10:10 am	Q&A
10:10 am - 10:40 am	Case discussion Presenter: Dr. Shubhanshu Bhaladhare Panelists: Dr. Priyank Patel, Dr. Amit Sharma, Dr. Kumar Shetty, Dr. Gautam Zaveri, Dr. Sanjay Dhar
10:40 am - 10:55 am	Cervical laminoplasty - Technique/ Video: Dr. Kshitij Chaudhury
10:55 am - 11:10 am	Cervical Lamino-foraminotomy - Video Technique: Dr. Satyen Mehta
11:10 am - 11:20 am	Technique of Cervical Lateral mass fixation: Dr. Manish Kothari
11:20 am - 11:35 am	Technique of Cervical Pedicle screw fixation: Dr. Manish Kothari
11:35 am - 11:45 am	Complications of posterior cervical Instrumentation: Dr. Arvind Vatkar
11:45 am - 11:55 am	Q&A.
11:55 am - 12:25 pm	Case discussion Presenter: Dr. Amandeep Gujral Panelists: Dr. Kshitij Chaudhury, Dr. Satyen Mehta, Dr. Sanjay Dhar, Dr. Arvind Vatkar, Dr. Agnivesh Tikoo
12:25 pm - 12:30 pm	Closing Remarks: Dr. Agnivesh Tikoo

WORKSHOPS

Cadaver Workshop on Posterior Sub-axial Cervical Spine

21ST JUNE, 2024

CADAVER WORKSHOP: VIDEO DEMONSTRATION FOLLOWED BY HANDS-ON

Venue: D. Y. Patil Medical College and Hospital, Navi Mumbai

08.00 am - 09.00 am	Module 1: Cervical Lamino-foraminotomy
08.00 am - 08.10 am	Technique Demonstration
08.10 am - 09.00 am	Cadaveric Hands-on
09.00 am - 10.00 am	Module 2: Cervical Laminoplasty / Laminectomy
09.00 am - 09.10 am	Technique Demonstration
09.10 am - 10.00 am	Cadaveric Hands-on
10.00 am - 11.00 am	Module 3: Cervical Lateral Mass
10.00 am - 10.10 am	Technique Demonstration
10.10 am - 11.00 am	Cadaveric Hands-on
11.00 am - 12.00 pm	Module 4: Cervical Pedicle Screws
11.00 am - 11.10 am	Technique Demonstration
11.10 am - 12.00 pm	Cadaveric Hands-on
12.00 pm	Closing Remarks

PROGRAM

DAY 1: FRIDAY, JUNE 21, 2024

08.00 AM - 12.00 PM

HANDS ON CADAVER WORKSHOPS - POSTERIOR CERVICAL SPINE

Venue: **D. Y. Patil Medical College and Hospital, Navi Mumbai**

Chairpersons: **Dr. Agnivesh Tikoo, Dr. Sanjay Dhar**

VENUE: OLEANDER FARMS, KARJAT

01.00 PM - 02.00 PM

REGISTRATION & LUNCH

MC: **Dr. Kshitij Chaudhary**

02.30 PM - 03.00 PM

INAUGURATION

02.30 pm - 02.35 pm

Welcome address: **Dr. Mihir Bapat**

02.35 pm - 02.40 pm

Lamp Lighting: **Dr. V. T. Ingalhalikar, Dr. S. K. Srivastava, Dr. Ram Chaddha, Dr. Ketan Badani, Dr. Gautam Zaveri, Dr. Kshitij Chaudhary, Dr. Mihir Bapat, Dr. Agnivesh Tikoo, Dr. Amandeep Gujral**

02.40 pm - 02.47 pm

Presidential address: **Dr. Gautam Zaveri**

02.47 pm - 02.48 pm

National Anthem

02.48 pm - 02.55 pm

Vote of Thanks: **Dr. Agnivesh Tikoo**

03.00 PM - 03.30 PM

BEST POSTER PRESENTATION SESSION (2 MINS + 1 MIN)

Chairpersons: **Dr. Srinivas Prabhu, Dr. Kushal Gohil**

03.35 PM - 04.20 PM

FREE PAPER SESSION (4 MINS + 2 MINS)

Chairpersons: **Dr. Pravin Padalkar, Dr. Bhavin Shial**

04.25 PM - 05.55 PM

SESSION I: POST-TUBERCULAR KYPHOSIS

Panellists: **Dr. Ram Chaddha, Dr. Sanjay Dhar, Dr. Harshad Argekar, Dr. Sheetal Mohite, Dr. Premik Nagad**

04.25 pm - 04.35 pm

Lecture - Evolution of Kyphosis in Spinal Tuberculosis:
Dr. Aaditya Kashikar

04.35 pm - 04.40 pm

Q&A

04.40 pm - 04.55 pm

Case - Severe lumbosacral kyphosis due to L5 vertebral destruction:
Dr. Sandeep Sonone

04.55 pm - 05.10 pm

Case - Severe post tubercular thoracic kyphosis without neurological deficit:
Dr. Praveen Saxena

05.10 pm - 05.25 pm

Case - Cervical Kochs with Kyphosis: **Dr. Arvind Vatkar**

05.25 pm - 05.40 pm

Case - Healed tuberculosis - Thoracolumbar kyphosis with late onset neurologic deficit: **Dr. S. K. Srivastava**

05.40 pm - 05.50 pm

Lecture + Video - VCR for severe post-tubercular kyphosis:
Dr. Tushar Rathod

05.50 pm - 05.55 pm

Q&A

06.00 PM - 07.00 PM

FOOTBALL MATCH

08.30 PM ONWARDS

EVENING PROGRAM & DINNER

PROGRAM

DAY 2: SATURDAY, JUNE 22, 2024

07.00 AM - 08.15 AM

BREAKFAST

08.30 AM - 10.15 AM

SESSION II - ROUNDBACK SPINAL DEFORMITY

Panellists: **Dr. Gautam Zaveri, Dr. Rajesh Parasnis, Dr. Raghuprasad Varma, Dr. Saijyot Raut, Dr. Waliullah Shah**

08.30 am - 08.40 am

Lecture - Global Spine balance: **Dr. Ankit Patel**

08.40 am - 08.45 am

Q&A

08.45 am - 09.00 am

Case - Scheuermann's Kyphosis: **Dr. Arvind Kulkarni**

09.00 am - 09.10 am

Lecture - Scheuermann Kyphosis - Getting it right the first time: **Dr. Jwalant Mehta**

09.10 am - 09.15 am

Q&A

09.15 am - 09.25 am

Lecture + Video - Ponte's osteotomy - Technique, pearls & pitfalls: **Dr. Arjun Dhawale**

09.25 am - 09.30 am

Q&A

09.30 am - 09.45 am

Case - Ankylosing spondylitis with global sagittal imbalance: **Dr. Amit Jhala**

09:45 am - 09:55 am

Lecture - Spinal osteotomy in AS - When, where & what?: **Dr. Gautam Zaveri**

09.55 am - 10.00 am

Q&A

10.00 am - 10.10 am

Lecture - Pedicle subtraction osteotomy - Technique, pearls & pitfalls: **Dr. Rajesh Parasnis**

10.10 am - 10.15 am

Q&A

10.15 AM - 10.45 AM

REFRESHMENTS

10.45 AM - 12.45 PM

SESSION III: BSS PLENARY SESSION

10.45 am - 11.15 am

Presidential Guest Lecture - "Mastering Spine balance: *From basic rod bending to Advanced formulas and Soft tissue Insights*": **Dr. Ahmet Alaney**

Chairpersons: **Dr. Gautam Zaveri, Dr. Ketan Badani**

11.15 AM - 12.45 PM

**VJ LAHERI GOLD MEDAL FREE PAPER SESSION
(7+3 MINUTES)**

Chairpersons: **Dr. Gautam Zaveri, Dr. V. T. Ingalhalikar**

A Radiological Parametric Comparison of Low-Grade Lytic Spondylolisthesis to Degenerative Spondylolisthesis - A Retrospective Approach to Establish its Dysplastic Origin: **Dr. Archit Goyal**

Minimally Invasive Surgery Transforaminal Lumbar Interbody Fusion (MIS TLIF) With Taylor's Spike Decompression Technique - A Case Series with Emphasis on Accessibility, Clinical Outcomes and Cost-Efficiency, Benefiting Young Surgeons: **Dr. Sagar Sharma**

Awake and Aware - Elevating Safe Spine Surgery in Elderly with Spinal Anaesthesia: **Dr. Vishnu Vikraman Nair**

PROGRAM

DAY 2: SATURDAY, JUNE 22, 2024

Are we Over-Diagnosing & Over-Treating Osteoporosis?:

Dr. Shubhanshu Bhaladhare

Overcoming the Accessibility issue & Radiation exposure - Can Hip & Radius DEXA scores proxy Q-CT of trabecular spine in estimating Bone Mineral Density?: **Dr. Ragha Midhun Ponnam**

A Novel 5-Point Technique for Pedicle Screw Insertion for precision enhancement in Thoracic Scoliosis and tEMG Threshold Analysis at Concavity and Convexity in Apex Segments: **Dr. Kushal Gohil**

Is Intraoperative ring fixator assisted distraction in Surgical Treatment of high grade scoliosis above 70 degrees effective?: **Dr. Vyankatesh Deshpande**

Managing lumbar adjacent segment disease (ASD) using minimally invasive techniques (MIS) - A comprehensive abstract of surgical techniques:

Dr. Meet Shah

Congenital cranio-vertebral junction anomalies - An enigma dissected:

Dr. Deepika Jain

12.45 PM - 01.30 PM

LUNCH

01:30 PM - 02.15 PM

SESSION IV: ANGULAR KYPHOTIC DEFORMITIES

Panellists: **Dr. V. T. Ingalhalikar, Dr. Amit Jhala, Dr. Abhay Nene, Dr. Mihir Upadhyaya, Dr. Kshitij Chaudhary**

01:30 pm - 01:45 pm

Case - Posterior quadrant hemivertebra with progressive deformity in toddler: **Dr. Bharat Patel**

01:45 pm - 02:00 pm

Case - Congenital kyphoscoliosis in 17y F without neurologic deficit: **Dr. Dhiraj Sonawane**

02:00 pm - 02:15 pm

Case - Type I neurofibromatosis with rigid thoracic kyphosis: **Dr. Vishal Kundnani**

02:15 PM - 03:05 PM

FREE PAPER SESSION II (4 MINS + 2 MINS)

Chairpersons: **Dr. Jayesh Bhanushali, Dr. Zahir Merchant**

03:10 PM - 04:40 PM

SESSION V: DEGENERATIVE SPINAL DEFORMITY

Panellists: **Dr. Bharat Chaubey, Dr. Arvind Kulkarni, Dr. Vishal Peshattiwari, Dr. Praveen Saxena, Dr. Devesh Dholakia**

03:10 pm - 03:20 pm

Lecture - Spinopelvic parameters demystified: **Dr. Manish Kothari**

03:20 pm - 03:25 pm

Q&A

03:25 pm - 03:40 pm

Case - Degenerative scoliosis: **Dr. Priyank Patel**

03:40 pm - 03:50 pm

Lecture - Surgical Decision Making for Degenerative lumbar scoliosis: **Dr. Stephen Lewis**

03:50 pm - 03:55 pm

Q&A

PROGRAM

DAY 2: SATURDAY, JUNE 22, 2024

03:55 pm - 04:05 pm	Lecture - Indications and limitations of OLIF in adult deformity correction: Dr. Amit Jhala
04:05 pm - 04:10 pm	Q&A
04:10 pm - 04:25 pm	Case - Adjacent segment problems following short fusion surgery for deg scoliosis: Dr. Shailesh Hadgaonkar
04:25 pm - 04:35 pm	Lecture - Outcomes & Complications following surgery for adult deformity correction: Dr. Nandan Marathe
04:35 pm - 04:40 pm	Q&A
04.45 PM - 05.45 PM	ANNUAL GENERAL BODY MEETING
06.00 PM - 07.00 PM	CRICKET MATCH
08.30 PM ONWARDS	CONFERENCE DINNER



PROGRAM

DAY 3: SUNDAY, JUNE 23, 2024

07.30 AM - 09.00 AM	BREAKFAST
09.00 AM - 10.15 AM	SESSION VII: CERVICAL SAGITTAL BALANCE AND DEGENERATIVE CERVICAL MYELOPATHY Panellists: Dr. Ketan Badani, Dr. Vikas Gupte, Dr. Amit Sharma, Dr. Manish Kothari, Dr. Younis Kamal
09.00 am - 09.10 am	Lecture - Cervical sagittal alignment parameters: What is normal?: Dr. Sameer Ruparel
09.10 am - 09.15 am	Q&A
09.15 am - 09.30 am	Case - OPLL with sagittal cervical alignment problem: Dr. Satyen Mehta
09.30 am - 09.45 am	Case - Post laminectomy kyphosis in OPLL: Dr. Abhijit Pawar
09.45 am - 10.00 am	Case - Progressive myelopathy due to kyphosis post laminectomy-fusion: Dr. Ayush Sharma
10.00 am - 10.10 am	Lecture - Cervical sagittal osteotomy - When, where & what?: Dr. K. Daniel Riew
10.10 am - 10.15 am	Q&A
10.20 AM - 11.50 AM	SESSION VIII: KYPHOSIS AT THE CRANIOVERTEBRAL JUNCTION Panellists: Dr. S. K. Srivastava, Dr. Mihir Bapat, Dr. Manish Kothari, Dr. Sunil Bhosale, Dr. Kumar Shetty
10.20 am - 10.30 am	Lecture - Craniometric indices used for radiological assessment of the CVJ: Dr. Siddharth Shah
10.30 am - 10.35 am	Q&A
10.35 am - 10.50 am	Case - Congenital absence of C2 posterior neural arch: Dr. Amandeep Gujral
10.50 am - 11.05 am	Case - Rheumatoid Cervical Spine: Dr. Appaji Krishnan
11.05 am - 11.20 am	Case - Congenital Basilar Invagination: Dr. Harshal Bamb
11.20 am - 11.35 am	Case - CVJ tuberculosis in a paediatric patient: Dr. Abhay Nene
11.35 am - 11.45 am	Lecture - Algorithmic Approach to CVJ pathologies: Dr. Mihir Bapat
11.45 am - 11.50 am	Q&A
11.50 AM	VALEDICTORY: MC: Dr. Amandeep Gujral
12.00 PM	CLOSURE AND DEPART

FREE PAPERS

DAY 1: FRIDAY, 21 JUNE, 2024

03:35 PM - 04:20 PM

FREE PAPERS

Complications in sacropelvic fixation - A retrospective study:

Dr. Saikrishna Rengerla

Surgical correction of kyphotic deformities - A beginner's experience:

Dr. Avtar Singh Balawat

Management of Andersson Lesion case through Transfacetel and Transpedicular Anterior Decompression along with Posterior Stabilization:

Dr. Maitreya Jagdish Patil

Evaluation of the role of computed tomography guided biopsy in effective diagnosis and management of patients with Koch's spine in India:

Dr. Tanmay Avhad

Efficacy of combination therapy of Teriparatide and Denosumab at 18 months - How much difference does it make on lumbar spine volumetric Bone Mass Density?:

Dr. Aniruddh Agrawal

Choice of implant construct in Management of Thoracolumbar junction Burst Fractures by posterior approach - A Surgical Conandrum:

Dr. Shivendra Kumar Sinha

Utility of Computed Tomography based Intraoperative Navigation in placement of index screw in thoracolumbar Infectious Spondylodiscitis treated with single stage posterior approach debridement and fusion:

Dr. Nishad Situt

DAY 2: SATURDAY, 22 JUNE, 2024

02:15 PM - 03:05 PM

FREE PAPERS

A Study of functional Outcome in Anterior Cervical Discectomy and Fusion in the North Indian Population: **Dr. Sajag Kumar Gupta**

Risk factors that influence the subsidence of ACDF after Anterior Cervical Discectomy and Fusion (ACDF) using a Standalone Titanium Cage - Minimum Two-year Follow-up Results: **Dr. Sharath Kumar**

Functional and radiological outcomes following craniovertebral junction surgery: **Dr. Rushikesh Bhanudas Shahade**

Can X-rays justify going under the knife? A study of functional outcomes of conservatively managed lumbar spine tuberculosis in a tertiary care centre: **Dr. Akshay Vasant Mohite**

The burden of quantitative-CT proven (Q-CT) osteoporosis in subjects scheduled for Minimally Invasive Transforaminal Lumbar Interbody Fusion (MIS-TLIF): **Dr. Sunil S. Chiodavadiya**

A technical note on Titanium mesh grafting- An easy and reliable alternative for 360 degree fusion after posterior column resection: **Dr. Umang Sheth**

A study to compare functional and radiological outcomes following open Transforaminal Lumbar Interbody Fusion using PEEK versus Titanium cages in low grade Spondylolisthesis: **Dr. Rohan Raj Baruah**

MRI Lumbar Spine - Can We Have Some Consensus and Norms? A Plea to Radiology Colleagues: **Dr. Abhijeet**

BEST E-POSTER PRESENTATION SESSION

FRIDAY, JUNE 21, 2024 | 03.00 PM - 03.30 PM

- Clinical outcomes of lateral mass fixation following decompressive laminectomy in cervical spondylotic myelopathy: **Dr. Sajag Kumar Gupta**
- Novel Anterior reconstruction technique using Clivus plating - Initial learnings and experience from 2 complex cases of atlantoaxial instability: **Dr. Umang Sheth**
- Unusual Presentation of Linezolid-Induced Peripheral Neuropathy with Bilateral Foot Drop in a Case of Multi-level pre-extensively drug-resistant (Pre-XDR) tubercular spondylodiscitis - A Case Report: **Dr. Tanmay Avhad**
- Therapeutic and Clinical analysis - Teriparatide vs. Bisphosphonates in Osteoporotic Vertebral Fractures - A Comprehensive 2-Year Retrospective Study: **Dr. Vishnu Vikraman Nair**
- Clinical and Radiological outcome after Anterior Cervical Discectomy and Fusion (ACDF) using a Standalone Titanium Cage: **Dr. Sharath Kumar**
- Assessment of Perioperative Complications in Microendoscopic Discectomy and Tubular Decompression - A Comparative Study of Spinal vs. General Anesthesia: **Dr. Sunil S. Chodavadiya**
- Navigated Unilateral Less Invasive Fusion (NULIF) - Technique for Lumbar Disc Pathology: **Dr. Nishad Situt**
- Functional Outcome of Erector Spinae Plane Block in Lumbar Fusion Surgery: **Dr. Vyankatesh Deshpande**
- Dry Potts' spine - Is it an outlier in management of spinal tuberculosis - A systematic study: **Dr. Deepika Jain**
- Pushing the Envelope - MIS-TLIF For Treatment of Grade 4 And 5 Spondylolisthesis: **Dr. Ragha Midhun Ponnam**



E-POSTER PRESENTATIONS

- Clinical outcomes of lateral mass fixation following decompressive laminectomy in cervical spondylotic myelopathy: **Dr. Sajag Kumar Gupta**
- B/L hip protrusion with acetabular fracture managed with total hip replacement with bone grafting: **Dr. Priyanka Meena**
- Spinal cord compression from malignant relapsed Hodgkin's lymphoma presenting with neurological symptoms: **Dr. Vishnu Nair**
- Cervical and Dorsal spine haematoma - Management and review of literature - A Case Report: **Dr. Nitin P. Jaiswal**
- Multiplanar sacral fractures with spinopelvic instability and neurologic deficit managed with open lumbopelvic fixation and decompression laminectomy: **Dr. Priyanka Meena**
- Idiopathic Focal Osteonecrosis Of T9 Vertebral Body Mimicking A Malignant Tumor - A Case Report: **Dr. Aniruddh Agrawal**
- Novel Anterior reconstruction technique using Clivus plating - Initial learnings and experience from 2 complex cases of atlantoaxial instability: **Dr. Umang Sheth**
- Complex regional pain syndrome of right l4 dorsal root ganglion - Rare case report: **Dr. B. Satish**
- Atlanto axial dislocation masquerading as acute inflammatory demyelinating polyneuropathy in a 6 year old - A case report: **Dr. Rushikesh Bhanudas Shahade**
- Intradural extramedullary tuberculosis: **Dr. Chitranshu Shrivastava**
- Double trouble - Concurrent ossification of ligamentum flavum with infective spondylodiscitis in the thoracic spine resulting in paraplegia - A case report: **Dr. Akshay Vasant Mohite**
- Infective spondylodiscitis of unknown origin in a patient with chronic kidney disease: **Dr. Jenil Patel**
- O-arm Navigated Excision of Aggressive Vertebral Hemangioma with Compressive Myelopathy - A case report: **Dr. Nishad Situt**
- A case series of type 2 odontoid fracture with posterior displacement: **Dr. Chitranshu Shrivastava**
- Recurrence of an aggressive chondroblastoma of the thoracic spine: **Dr. Akhil Gailot**
- Multi-level pre-extensively drug-resistant (Pre-XDR) tubercular spondylodiscitis - Underdiagnosed or overlooked? - A case report: **Dr. Tanmay Avhad**
- Ensuring Safety in Spine Surgery - A Comparative Retrospective Analysis of Anaesthetic Approaches in Geriatric Patients: **Dr. Sunil S. Chodavaditya**



CONFERENCE SECRETARIAT



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